



GUIDE SORTENY

Valley
Nature Park


Sorteny
Parc natural

20 anys



The parc natural de la vall de Sorteny is in the Principality of Andorra, in Ordino. This natural park has highly significant biological variety and is a leading contributor in the preservation of the biodiversity of the Pyrenees. The natural park has a great diversity of flora, with more than 800 species, of which many are endemic to the Pyrenees and one hundred of which are rare species.

To discover the park, there are experienced guides available who will help you find out about this wonderful part of Andorra. There are numerous excursions with varying levels of difficulty.

From the park, you can climb up to two of the highest peaks in the Principality, the Pic de l'Estanyó (2,195 m), going past a beautiful lake, and the Pic de la Serrera (2,913 m) passing the Collada dels Meners. For more demanding people, there is the four-day Andorra-Arieja circuit and the long-distant footpaths such as the GRP (long-distance country footpaths) and ARP (high Pyrenees footpaths). The park has a manned refuge, open winter and summer, and a restaurant service.

GPS**GPS coordinates of the Park's car park:**

Latitude: 42°37'55.5"N Longitude: 01°30'40.4"E
Decimal: 42.6263; 1.5516.



By car >> Take the Avinguda de les Moles in the town of Ordino, heading to Arcalís, until you have passed El Serrat village. At 1.4 km from El Serrat, you will come to the signposted crossroad to the right that leads to the Natural Park's car park. The Sorteny Valley Natural Park Information Hut is in this area. Remember that you can get to Cap dels Graus along the forest track in 4x4 vehicles before 10:00 and after 19:00. You may return at any time. In winter, due to the large amount of snow, the forest track is not accessible to 4x4 vehicles. During the months of July and August it is advisable to leave the vehicle in the parking lot of Prada del Serrat, and take the **public transport** for 0,20€ in El Serrat to the park or up the mountain path.



By public transport >> Bus from Ordino to Sorteny From 1/07 to 8/09 From 09:00 to 18:30 hours. Every 30 min.

From the parking area as far as the Botanical Garden, there are three different entrance routes so that you can discover, point by point, the nature and countryside that will leave you breathless. These are El Camí de la Marta, El Camí de l'Esquirol and El Sender del Grau de la Llosa

Senders d'interpretació del Parc



Camí
de l'Esquirol



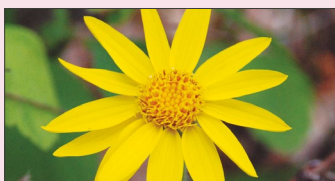
Camí
de la Marta



Sender del Grau
de la Llosa

The Botanical Garden covers some 800 m² with almost 300 species of flora classified by habitat, such as the meadow, megaphorbia, alpine meadow, scree, edible plant and medicinal plant areas. The two latter groups are the best-known and the most photographed parts of the garden.

Plantes medicinals



ARNICA MONTANA

Anti-inflammatory properties for treating bruises, blows, preventing infections and curing wounds.



CUMIN. Stimulates the metabolism and improves the lymphatic and immunological system. Also for culinary use.



GREATER YELLOW GENTIAN *Gentiana lutea.*

Digestive, antibiotic and anti-inflammatory properties

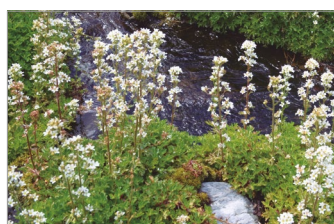
Edible plants



RED RASPBERRY *Rubus idaeus*



ROCK REDCURRANT *Ribes petraeum*



AQUATIC SAXIFRAGE *Saxifraga aquatica*

Others plants



ENGLISH IRIS
Iris latifolia



PYRENEAN LILY
Lilium pyrenaicum



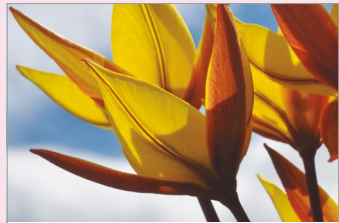
ALPINE GENTIAN
Gentiana alpina



POET'S DAFFODIL
Narcissus poeticus



Artemisia umbelliformis



WILD TULIP
Tulipa sylvestris subsp. australis

The best time to visit the Botanical Garden and discover the different colours of its flowers is during the flowering period, which runs from the end of June to the end of July, although there are some flowers that bloom in August.

Wild mushroom collectors enjoy finding penny bun mushrooms in the forests of the park. Apart from this species and some species that are traditionally used, such as cumin, arnica and coscoll, plants in the Park may not be dug up or cut.

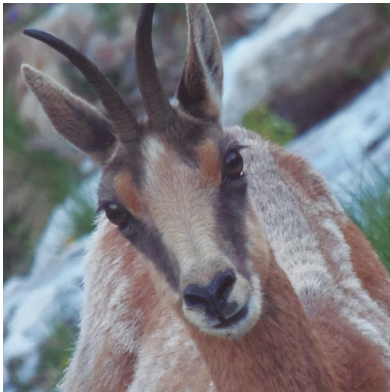
Next to the botanical garden you will be able to see the sculpture of *L'Estripagecs*, a group of sculptures made up of five large totem poles and created by the Andorran artist Pere Moles, which takes the form of five *estripagecs* (metal bars with irregular side spikes that are placed in windows to stop people from coming in; their name in Catalan comes from their function which was to rip the jackets of thieves). They are part of the cultural and architectural heritage of Andorra and are exact replicas of the *estripagecs* in Ordino parish. You can also discover two more “*estripagecs*”, in the Estanyó and the Serrera peaks, in the same natural park.



The Park is also worthy of a mention due to its interesting wildlife; as it has been a hunting reserve for more than 15 years, you can see herds of chamois with up to 30 members. You can also find roe deer, marmots, stoats, Pyrenean brook salamanders, Aurelio's rock lizards and others.

The park has more than 60 species of very special birds, such as the golden eagle, the short-toed snake eagle, the bearded vulture, the vulture, the rock ptarmigan, the grey partridge, the western capercaillie, the common rock thrush, the red crossbill and more than 90 species of butterflies.

The Rivers Serrera, Cebollera, Sorteny and Estanyó run through the Park. In any of these rivers as well as in the Estany de l'Estanyó lake, with the corresponding permit, you can do fly-fishing without a harpoon or with a flat harpoon and the help of a fishing net. Fishermen appreciate being able to enjoy this pastime in an idyllic, peaceful area, as the number of fishermen per day is limited to 5. Fishing permits can be acquired at Ordino Tourist Information Office.



The Sorteny refuge hut is at an altitude of 1,965 m, in Parc natural de la vall de Sorteny. From the refuge, you can enjoy magnificent views of the peaks of Serrera and Estanyó.

You come to the refuge after a 30-minute walk from the Sorteny car park. The former Sorteny Hut-Refuge, which is been renovated and extended, is now equipped with all comforts. It has five dormitories with eight beds and one with 10 places. The refuge has a free area with eight places



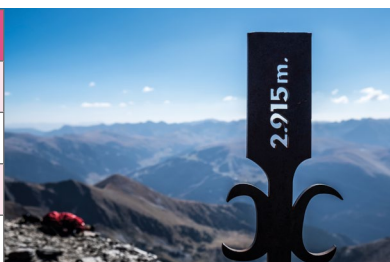
Check out opening times and booking conditions at www.refugisorteny.com
or by calling (+376) 846446





Self-guided routes

Peak of Estanyó	
Climb	+/- 1.135 m
Estimated duration	7 h (there and back)
Departure and arrival	Sorteny car park
GPS departure	See page 1



Peak of Serrera	
Climb	+/- 1.133 m
Estimated duration	7 h (there and back)
Departure and arrival	Sorteny car park
GPS departure	See page 1



Guided routes for groups

Grau de la Llosa viewpoint	
Climb	+/- 275m
Estimated duration	2h45 (there and back)
Departure and arrival	Sorteny car park
GPS departure	See page 1
Price	5€ adult / ages 6 to 12 3€



Every **Monday and Wednesday** at 9:30 in July and August. **Bookings at Ordino Tourist Information Office** ot@ordino.ad or by calling (+376) 878173

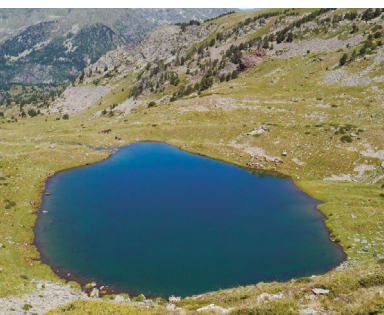


Following wildlife tracks

Climb	+/- 50 m
Estimated duration	2 h (there and back)
Departure and arrival	Sorteny car park
GPS departure	See page 1
Price	5€ adult / ages 6 to 12 3€



Every **Friday** at 9:30 in July and August.
Bookings at Ordino Tourist Information Office
 ot@ordino.ad or by calling (+376) 878173



Estany de l'Estanyó

Climb	+/- 560 m
Estimated duration	5 h (there and back)
Departure and arrival	Sorteny car park
GPS departure	See page 1
Price	5€ adult / ages 8 to 12 3€



Every **Tuesday** and **Thursday** at 9:30 in July and August.
Bookings at Ordino Tourist Information Office
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Shinrin Yoku – Forest Bathing

Climb	-
Estimated duration	2 h 30 min
Departure and arrival	Sorteny car park
GPS departure	See page 1
Price	10€ adult



This excursion can be held for groups of a minimum of four people, every **Wednesday and Saturday** at 9:30. July and August. **Reserves** by calling (+376) 618816 or by sending an email to: alxindaoper@gmail.com



Remember that on these excursions you will come to a manned refuge, the Borda de Sorteny refuge, which has a bar service.
www.refugisorteny.com

Material you should bring with you

Backpack
(30-40 litres)



Compulsory
trekking boots
(ideally covering
the ankle)



Gore-Tex type
waterproofs
(rain cape
recommended)



A fleece
or similar



A thermal
vest



Long trekking
trousers



Sunglasses



Hat



Sun protection
cream



Telescopic hiking
sticks



Personal
first-aid kit



Water and food
sandwich,
energy bars,
fruit



Canya de la Rabassa - Planell del Quer	
Difficulty	Medium / 2,7 km
Climb	+ 275 m
Time of the outward journey	1 h 45 min
Time of the return journey	1 h 30 min



Follow the track from the car park, climbing up to Cap del Graus, passing by some sculptures: *Els Estrípagecs*. Leave the Botanical Garden behind you, which is covered in snow in winter, and go on to the pass from where you will continue along the main path until you come to the Borda de Sorteny manned refuge. Go past the refuge heading towards the drinking trough, which you will leave behind on your left to follow the path that goes to the Planell del Quer, from where you can enjoy panoramic views of the Sorteny and Rialb Valleys. Go back the way you came.

Canya de la Rabassa - Estany de l'Estanyó	
Difficulty	Fairly high / 4,3 km
Climb	+ 560 m
Time of the outward journey	3 h
Time of the return journey	2 h 30 min



Follow the track from the car park, climbing up to Cap del Graus, passing by some sculptures: *Els Estrípagecs*. Leave the Botanical Garden behind you, which is covered in snow in winter, and go on to the pass from where you will continue along the main path for someone hundred and 50 m before taking the path to the Estany de l'Estanyó on your right. After going over a bridge, follow along a plateau, go through a forest and across another plateau before starting to climb the forest on the shady slope (the most difficult part of the itinerary) to the Pleta del Llomar. Carry on to the Estret de l'Estanyó, where you will go through a narrow pass and carry on through the Saleres de l'Estanyó plateau until you cross a brook by means of a footbridge. The last slope will take you to the lake, which will no doubt be frozen and covered in snow. Go back the way you came.



DO NOT WALK ON THE FROZEN LAKE, AS THE THICKNESS OF THE ICE IS OFTEN INSUFFICIENT TO BEAR THE WEIGHT OF A PERSON.

Guidelines for behaviour



HIKING



DON'T HARM THE PLANT LIFE



DON'T LIGHT FIRES



NO WILD CAMPING



DON'T LITTER OR CIGARETTE BUTTS



KEEP DOGS LEASHED



NO MOTORCYCLES



Emergency telephone numbers



**Mountain Rescue Group
International Emergencies**

112

Tourist APPS

Download our APPS

Discover a large number of open air routes, with off-line maps and detailed follow-up by GPS. Plan your mountain activities now!



Active Tourism

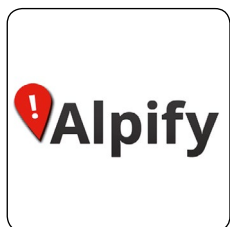


+ info: www.visitandorra.com

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Ordino Tourist Information Office
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www.sorteny.ad · www.ordino.ad

Acquire the **Sorteny map** at the
Ordino Tourist Office or at the Park
Information Point.

